

# Fall 2008 Swing Classes

Sponsored by  
Coal Country Traditions

**Balboa 1** Balboa is a smooth swing dance done in tightly closed couple position with subtle but striking footwork. Balboa is an all tempo dance that is great for the fast numbers. We'll cover basic balboa and add in some snazzy bal-swing moves.

**Lindy 1** Lindy Hop is the original swing dance style from the 1930's and 1940's. No pre-requisites: this class is open to anyone. Give it a try! We will cover the swing-out, the Lindy turn, and several variations.

Lisa Tamres and John Fulmer  
**6 MONDAYS** - Sep 22<sup>nd</sup> - Oct 27<sup>th</sup>  
Wightman School  
Balboa 1 6:30pm - 8:00pm  
Lindy Hop 1 8:30pm -10:00pm

**Balboa Continuing** Balboa and Bal-Swing. Pre-req: comfort with the "compulsory" moves such as basics, crossovers, breaktime, lollies, and throw-outs. Davis will add to your repertoire, and refine your basics

**Blues Too** Expanding on the possibilities. Davis will go through various movements and patterns building off the basic blues options

**Lindy Language** Davis will teach both leads and follows how to expand your Lindy Hop vocabulary by giving you the tools you need to communicate your ideas more effectively on the dance floor. Int/Adv Lindy.

Davis Thurber  
**6 TUESDAYS** - Sep 16<sup>th</sup> - Oct 28<sup>th</sup>  
(no class on Oct. 7<sup>th</sup>)  
Edgewood Club  
Balboa 6:30pm - 7:30pm  
Blues 7:45pm - 8:45pm  
Lindy 9:00pm - 10:00pm

**Jitterbug 1** This class will start from scratch, but will cover a variety of moves and pointers on style for this popular swing dance style. Recommended for both beginners and those who want to brush up or expand their jitterbug repertoire. Also known as East Coast Swing.

**Jitterbug 2** More moves, more style, and more fun. Pre-requisite: Jitterbug 1 or enough experience to be comfortable with basic 6 count footwork and several simple turns

Joe Foreman and Leslie Clark  
**6 WEDNESDAYS** - Sept 24 - Oct 29  
St. Andrew's Lutheran Church  
Jitterbug 1 6:30 pm - 8:00 pm  
Jitterbug 2 8:30 pm - 10:00pm

**West Coast Swing** West Coast Swing is a wonderfully smooth and creative style of swing dance that first appeared in the blues bars of Texas, and has grown to work with a wide range of music. The beg/int class is open to all levels, no experience required, no pre-registration necessary. Cost:\$8/evening, \$5 for class or dance. Check [www.pghwcs.com](http://www.pghwcs.com) for schedule

Stephanie & Aaron Batista,  
Sarah Morgan & Brad Wheeler  
**EVERY THURSDAY**  
Wightman School  
Beg/Int & Adv Classes 8:45 -10:00pm  
Dance 10:00 - Midnight

info: [WWW.COALCOUNTRY.ORG](http://WWW.COALCOUNTRY.ORG)

Or phone 412-421-1767

6 week Classes are \$55 pre-reg \$65 at door  
Partners will be rotated in all classes  
No partner necessary to register for classes

REGISTRATION FORM Fall-08 (circle one)  
Name \_\_\_\_\_ Lead Follower  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_ Email \_\_\_\_\_  
Phone (eve) \_\_\_\_\_ (day) \_\_\_\_\_

Check classes:	pre-reg	at door
<input type="checkbox"/> Balboa 1 (Mon)	\$55	\$65
<input type="checkbox"/> Lindy 1 (Mon)	\$55	\$65
<input type="checkbox"/> Balboa 2 (Tues)	\$55	\$65
<input type="checkbox"/> Blues Too (Tues)	\$55	\$65
<input type="checkbox"/> Lindy Lang(Tues)	\$55	\$65
<input type="checkbox"/> Jitterbug 1 (Wed)	\$55	\$65
<input type="checkbox"/> Jitterbug 2 (Wed)	\$55	\$65

Send check to "Coal Country Traditions"

c/o 5848 Aylesboro Ave. Pittsburgh, PA 15217-1446

My check for  
\$\_\_\_\_ is enclosed

TOTAL

- Check get on CCT email distribution list OR  
 Check to get on the CCT paper mailing list

NO REFUNDS AFTER THE FIRST CLASS